



Evolution Academy Trust are delighted to announce that after a tender exercise we have appointed a new catering provider across the Trust. The new catering contract will commence on the 2nd November.

Great tasting food that your children will love

Aspens is the company chosen by The Evolution Academy Trust to provide the meal service for its pupils. We specialise in providing catering to schools and colleges across the country.

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

Responsible catering

At Aspens - we take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared everyday using quality, fresh and seasonal ingredients that are responsibly sourced.

As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

Special diets and food allergies

Don't think that your child can't enjoy our great food if they have a special diet - they are an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Legislation requires caterers to provide allergen information on food sold that is served 'unpackaged'. Aspens already cater for lots of children with allergies and we regularly check the information from suppliers to see if there have been any ingredient changes. It is still important that our customers talk to us so we can work together and continue to provide meals that are safe for them to eat.



Free School Meals

All children that are in Reception, Year 1 and Year 2 are entitled to receive UNIVERSAL FREE SCHOOL MEALS! We think it's a fantastic idea so please make sure you support this initiative. Not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.

Please note this is not to be confused with FREE SCHOOL MEALS which is an entitlement that some children can receive due to their parents/carer's circumstances. If you feel you may be entitled to receive FREE SCHOOL MEALS, you should request the relevant forms from your school office. www.gov.uk/apply-free-school-meals

Sample Menu

September 2020

FOOD FESTIVAL

By Aspens

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec

WEEK ONE

| | MONDAY Family Faves | TUESDAY Authentic Italian | WEDNESDAY Baking British | THURSDAY Food Festival | FRIDAY Fun Day |
|---------------------------|--|--|---|--|--|
| Main Event | Bangers & Mash Pork chipolata served with mash, green beans and gravy | Margherita Pizza Cheesy tomato topped pizza with seasonal salad and garlic slice | Roast Chicken Boneless chicken with crispy roasties fresh cauliflower and gravy | Chicken Curry Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes | Fish Fingers Golden breaded Pollock or Salmon fish fingers with chips and peas |
| Vegetarian Section | Quorn Bangers Quorn sausages with mash, green beans and gravy | Pasta Napolitan Wholemeal Penne, tomato sauce seasonal salad and garlic slice | Cheese Pinwheels Toasty cheese spirals with crispy roasties and cauliflower | Sweet Potato Balli Lightly spiced sweet potato, chickpea and minty lentil curry with rice and fresh courgettes | Picnic Piffa Quorn dippers and potato, chickpea and cucumber salad with chips and pitta pocket |
| KS1 Pick n Mix | Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit Or Crispy Skin Jacket Potato with Toppings | | | | |
| KS2 2 Go | Breakfast Quesadilla Mexican style sausage, bacon, hash brown & beans in a multigrain wrap | Falafel Egyptian style falafel with Pitta & Hummus | Hol Bap Roast chicken, red onions & stuffing in wholemeal soft bap | Bollywood Naan Folded flatbread with tikka chicken or vegetables & mint yoghurt | Street Pot Pasta, Rice or Noodle Pot with flavour inspirations from around the world |
| The Finale | Tutti Frutti Sponge Dried fruit and cherry cake served with custard | Sticky Orange Cake Zingy orange cake made with polenta | Cheesecake Biscuit base with soft cheese and fruity topping | Chocolate Brownie Served with Orange Slices | Cookie and Shake Oat Cookie & Chocolate Milkshake |

▲ Meat
 ▼ Veggie
 ◆ Jacket Potato
 ● Packed Lunch

Get in touch

Aspens are experts in school catering and have years of experience when it comes to school food. If you have any questions about our service, or any special dietary requirements - please get in touch. You can contact us via email on info@aspens-services.com or call on 01905 759613. You will also find a host of information on our website – www.aspens-services.co.uk

WWW.ASPENS-SERVICES.CO.UK

The way in which school meals are ordered and paid for, for the majority of our schools will not change; however, if your school is affected further information and guidance will be provided.